# THE LOST EXPLORER

**DURATION** 120-180 minutes

### **REQUIREMENTS**

Suitable outdoor space: flat and grassed. Trees & bush areas ideal.

GUEST NOS. Up to 120









Picture this - you're left to fend for yourself, exposed to the elements, without all the luxuries that you take for granted. In this team-building activity, you and your colleagues will learn core survival techniques while taking part in fun challenges. From navigation, shelter building and negotiation skills, work as a team as you complete various zones.

The aim of the day is for teams to successfully complete all the tasks given to them by the survival instructor. Completing tasks earns Jungle Dollars, with the team earning the most Dollars being declared Survival Champions.

#### Your teams will learn how to

- Work as a team
- · Communicate effectively
- Listen to one another
- Develop relationships
- Problem solve
- Work better under pressure

All this - while having enormous fun!

"Everyone really enjoyed all of the events and the variety was very welcome" SCA Hygiene Products

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#### How will it work?

Groups will be divided into teams of equal number. Challenge zones will be set up in which each team must rotate around until all challenges have been completed. Teams will receive all the equipment and instruction they need to ensure a real life and safe experience for all abilities. Examples of the challenges are as follows:

For a 3-hour event all 6 challenges will be completed. For a 2-hour event choose from 4 of the below:

#### **Shelter Building**

In the wild, you'll need somewhere to rest and sleep that will also give you shade from the sun. Working as a team, you'll learn to construct a basic shelter.

## **Navigation**

Equipped with the knowledge and understanding of how to use a compass, will you be able to navigate your way back to safety? Navigation is one of the key skills when it comes to exploring the wild and could decide your fate.

## Snake Pit challenge | Outdoors and indoors

Team members will have to negotiate a set path that is littered with rubber snakes. However, you'll also be blindfolded so it's up to your team to provide you with directions on where to tread.

# Water Source challenge

Using the materials supplied, you and your colleagues have to build a freestanding structure. Use bamboo, ropes, guttering and more. The ultimate test will be whether you can get water flow from point A to B.

#### **Plane Crash**

Working as part of a team in this plane crash scenario, you and your colleagues will have to prioritise items that you have managed to salvage from an aircraft for your survival. Requiring decision-making skills as well as strong negotiation tactics, will your team agree on specific items?

# **Memory Map**

Your team has searched the local area for resources. You must then replicate what you have seen and make an improvised relief map from memory.

